



Preparation for your Pre-Operative Appointment

Are you ready for your pre-operative appointment?

- IMPORTANT:** Do you wear contact lenses? Contact lenses will need to be out for a certain amount of time prior to your pre-operative appointment.
 - Soft Contact Lenses – 2 weeks prior to your pre-operative appointment for measurements
 - Hard Contact Lenses – 6-8 weeks prior to your pre-operative appointment for measurements (Unless otherwise noted by the doctor)

- Did you read the Dry Eye Regiment? (Located in your black folder)
 - **NOTE:** This must be started no later than 2 weeks before your appointment.
 - In order to prepare your eyes for your pre-operative testing, please begin the following regimen to BOTH EYES. This will help the surgery coordinator obtain the most accurate measurements for the doctor. Additional testing may be performed at your pre-operative appointment.
 - Do not use make-up or lotion on your face, or eyes the day of your pre-operative appointment as doing so can interfere with your pre-operative measurements.

- If applicable, have you received the necessary medical clearance(s) for your upcoming surgery?
 - A surgery date will be scheduled. This date may be about 1-2 months after your pre-operative appointment.

- Do you have a Medical Advance Directive or Medical Power of Attorney that is actively in use?
 - Bring to pre-operative appointment
 - *Note:* If you have an advanced directive or medical power of attorney in case something happens in the future, but it is not being actively use, then we do not need it.

Additional information about your pre-operative appointment

- Financial consents will be given at pre-op. Please keep in mind these are estimated charges and can vary. If you choose to purchase a premium package, these are not billable and is an out-of-pocket investment. If your insurance states that they will pay for the lens, then you would have to pay for the lens up front and file all the paperwork on your own to get reimbursement.
- A cost of \$77.00 will be collected for the surgery kit and Omni Combination drops at Pre-Op.

Our surgical coordinators can be reached at (505) 346-0500. If you reach their voicemail, please leave a message and they will return your call as soon as possible.

- Dr. Downes & Dr. Gillette: Alayah Chavez Ext. 135, achavez@southwesteyecare.com
- Dr. Sanchez: Natalia Hobson Ext. 136, nhobson@southwesteyecare.com
- Dr. Valenzuela: Stephanie Chavez Ext. 146, schavez@southwesteyecare.com